

# A Few Too Many! Our Campus Culture of Alcohol

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## Program Feedback

To provide feedback about this program, log on to [www.collegespeakers.info](http://www.collegespeakers.info).

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To book Lori or other CAMPUSPEAK, Inc. speakers, call 303-745-5545 or visit the website at [www.campuspeak.com](http://www.campuspeak.com).

## Alcohol Websites

HIGHER EDUCATION CENTER FOR ALCOHOL AND OTHER DRUG PREVENTION  
<http://www.edc.org/hec/>

NIAAA – NATIONAL INSTITUTE OF ALCOHOL ABUSE AND ALCOHOLISM  
<http://www.niaaa.nih.gov/>

NIAAA – COLLEGE DRINKING, CHANGING THE CULTURE  
<http://www.collegedrinkingprevention.gov/>

CORE INSTITUTE – CENTER FOR ALCOHOL AND OTHER DRUG STUDIES  
[http://www.siu.edu/departments/coreinst/public\\_html/](http://www.siu.edu/departments/coreinst/public_html/)

HARVARD COLLEGE ALCOHOL STUDY  
<http://www.hsph.harvard.edu/cas/Home.html>

FACTS ON TAP ALCOHOL AND YOUR COLLEGE EXPERIENCE  
<http://www.factsontap.org/default.htm>

US DEPARTMENT'S OF HEALTH AND HUMAN SERVICES AND SAMHSA'S  
NATIONAL CLEARINGHOUSE FOR ALCOHOL & DRUG INFORMATION  
<http://www.health.org/>

CENTER FOR DISEASE CONTROL – NATIONAL CENTER FOR HEALTH  
STATISTICS  
<http://www.cdc.gov/nchs/releases/01facts/alcoholuse.htm>

WHAT YOU NEED TO KNOW ABOUT ALCOHOL  
<http://alcoholism.about.com/library/?once=true&>

THE CENTURY COUNCIL

[www.centurycouncil.org](http://www.centurycouncil.org)

### **Alcohol Assistance Resources**

- **1-800-662-HELP (toll-free) or <http://findtreatment.samhsa.gov>**

Providing your geographical location over the phone or online will give you treatment options in your area. This helpline and website are maintained by The Substance Abuse & Mental Health Services Administration, a U.S. Dept. of Health & Human Services agency.

- **1-800-ALCOHOL**

The Alcohol Treatment Referral Hotline provides 24-hour help and referrals for people with concerns about alcohol or drug use.

### **To Find Self-Help and Support Groups**

- **212-870-3400 or [www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)**

Alcoholics Anonymous (AA) is for people who want to stop drinking.

- **1-800-344-2666 or [www.al-anon.org](http://www.al-anon.org)**

Al-Anon can help you if you have a friend or relative with a drinking problem.

- **310-534-1815 or [www.adultchildren.org](http://www.adultchildren.org)**

Adult Children of Alcoholics can help you if you have a parent with a drinking problem.

### **To Find Information**

- **1-800-487-4890 or [www.health.org](http://www.health.org)**

The National Clearinghouse for Alcohol and Drug Information provides various information and resources.

- **1-800-438-6233 or [www.madd.org](http://www.madd.org)**

Mothers Against Drunk Driving (MADD) works to prevent drunk driving and underage drinking.