

INTRODUCTION

JASON REGIER

At this time, will you please take a moment to turn your cell phones to “silent” or “off” and refrain from text messaging during the program in consideration of our speaker and our audience. Thank you.

My name is _____. I am (leadership position or organization), and it’s my pleasure to welcome you.

This program is sponsored by (list organizations).

Sports were a major part of Jason Regier’s life when he was growing up. His greatest aspiration was to become a professional soccer player. But in 1996, while driving back to school for his final semester of college, his life changed forever.

Involved in a car accident, Jason suffered a spinal cord injury and was left paralyzed from the neck down. Jason only had partial use of his upper body, and he had to relearn routine activities, such as brushing his teeth and eating. Jason spent three-and-a-half months rehabilitating and rebuilding his life.

Then, he discovered Quadriplegic “Quad” Rugby. In the sport, Jason found peer support and the revival of his competitive spirit and ultimately was able to recapture an active and productive life.

Today, Jason has been playing Quad Rugby for more than a decade. As captain of his team, they won a gold medal at the World Wheelchair Games in Rio de Janeiro. He also claimed the gold at the 2006 Wheelchair Rugby World Championships in Christchurch, New Zealand. And finally, Jason earned a gold medal in Beijing as a member of the 2008 U.S. Paralympic Team. He was named U.S. Quad Rugby Association’s Athlete of the Year for 2008.

Jason is here to talk to us today about the importance of having a positive mental outlook in life, and to live a life with no excuses. Please join me in giving a big (school or organization name) welcome to Jason Regier!