

INTRODUCTION

LAUREN COOK

Feel free to leave your phones on for audience participation, but please take a moment and turn the ringer off. Thank you.

My name is _____ (your name).
I am (leadership position or organization), and it's my pleasure to welcome you.
This program is sponsored by (list organizations).

Our speaker today is Lauren Cook.

Lauren Cook is the author of *"The Sunny Side Up!"* and has had the opportunity to give over 100 keynotes to over 50,000 people. Lauren has interned at NBC Network News, E! News, and Disney ABC Television Group during her time in college. She is a former Miss Teen California and is a passionate advocate for the American Cancer Society.

Lauren completed her undergraduate education at UCLA and continued onto USC for her Master's in Marriage and Family Therapy. She is currently at Pepperdine University for her doctorate in Clinical Psychology.

Lauren is a therapist at La Vie Counseling Center in Pasadena and enjoys working as a Life Coach for young adults in her free time. As a sorority alumna of Chi Omega, she enjoys volunteering on the National Recruitment Team and serves as a Recruitment Advisor for the UCLA chapter.

Please welcome Lauren Cook.